Tick Safety on the Jobsite



One small bite can lead to serious illness.
Use this checklist to prevent tick-borne disease.

? BEFORE THE SHIFT

□ JHA completed for tick exposure

□ Workers trained on tick safety

□ Long sleeves, pants, and light-colored clothing worn

□ Repellent with DEET/Icaridin applied

□ Permethrin-treated gear used when needed

? DURING THE SHIFT

□ Avoid tall grass and brush

□ Take breaks in cleared areas

□ Do regular tick checks during breaks

□ Check gear and clothing for ticks

? AFTER THE SHIFT

□ Full body tick check completed

□ Shower within 2 hours if possible

□ Report and document any bites

□ Watch for symptoms for 30 days