Tick Safety on the Jobsite



One small bite can lead to serious illness.
Use this checklist to prevent tick-borne disease.

? BEFORE THE SHIFT

- □ JHA completed for tick exposure
- □ Workers trained on tick safety
- □ Long sleeves, pants, and light-colored clothing worn
- □ Repellent with DEET/Icaridin applied
- $\hfill\Box$ Permethrin-treated gear used when needed

? DURING THE SHIFT

- □ Avoid tall grass and brush
- □ Take breaks in cleared areas
- □ Do regular tick checks during breaks
- □ Check gear and clothing for ticks

? AFTER THE SHIFT

- $\hfill\Box$ Full body tick check completed
- □ Shower within 2 hours if possible
- □ Report and document any bites
- □ Watch for symptoms for 30 days