# Spot the OSHA Violation: Is This a Safe Job for a Worker Working Alone?



Is This a Safe Job for a Worker Working Alone?

Would you want your workers doing this job on their own?



Entering a permit required confined space like this one requires at least 2 workers:

- The entrant; and
- An attendant to remain outside the space at all times.

It looks like the workers in this photo are following the rules. Unfortunately, that isn't always the case.

**The Moral:** Confined space entries are just one example of jobs that are too hazardous for a single worker to perform alone or in isolation (i.e., cut off from immediate help).

### WHAT'S AT STAKE

# THE DANGERS OF WORKING ALONE

Just about all jobs pose some kind of safety hazard. Working with or near co-workers and supervisors is an effective way to manage those hazards because those other people can:

- Look after you and keep you out of trouble; and
- Give you immediate help if you do get injured, ill or caught in some kind of emergency situation.

By the same token, performing a job when you're alone or isolated from others increases your risks of serious injury or illness.

#### **HOW TO PROTECT YOURSELF**

## FOLLOW THE SAFETY RULES FOR WORKING ALONE

Sometimes, the hazards of working alone or in isolation can be managed. The company has implemented safety controls, procedures and equipment to protect workers who work alone or in isolation.

Don't work alone or in isolation unless you understand and are capable of using these safety measures.

KNOW THE JOBS THAT CAN'T BE DONE WORKING ALONE

Some operations are so dangerous that they should **never** be undertaken by a single worker working alone; they require at least 2 workers to carry out safely.

**Example:** A worker must never go into a confined space requiring a permit to enter unless there's an attendant stationed outside to monitor the entry and deliver help in the event of an emergency.

Make sure you know these jobs and don't try to carry them out unless you're with or within easy reach of at least one co-worker or supervisor.

1. Firefighting operations inside structures that contain atmospheres which are immediately dangerous to life and health



2. Installation, removal or repair of electrical lines over 600 volts



3. Installation, removal or repair of de energized electrical lines exposing you to risk of contact with parts over 600 volts



4. Handling of radioactive, explosive or highly reactive substances



5. Handling of toxic gases, liquids or solids



6. Handling of flammable liquids



7. Working on highly pressurized systems



8. Welding or cutting near combustible materials



9. Using fall arrest equipment or scaffolding



10. Working in extreme weather

