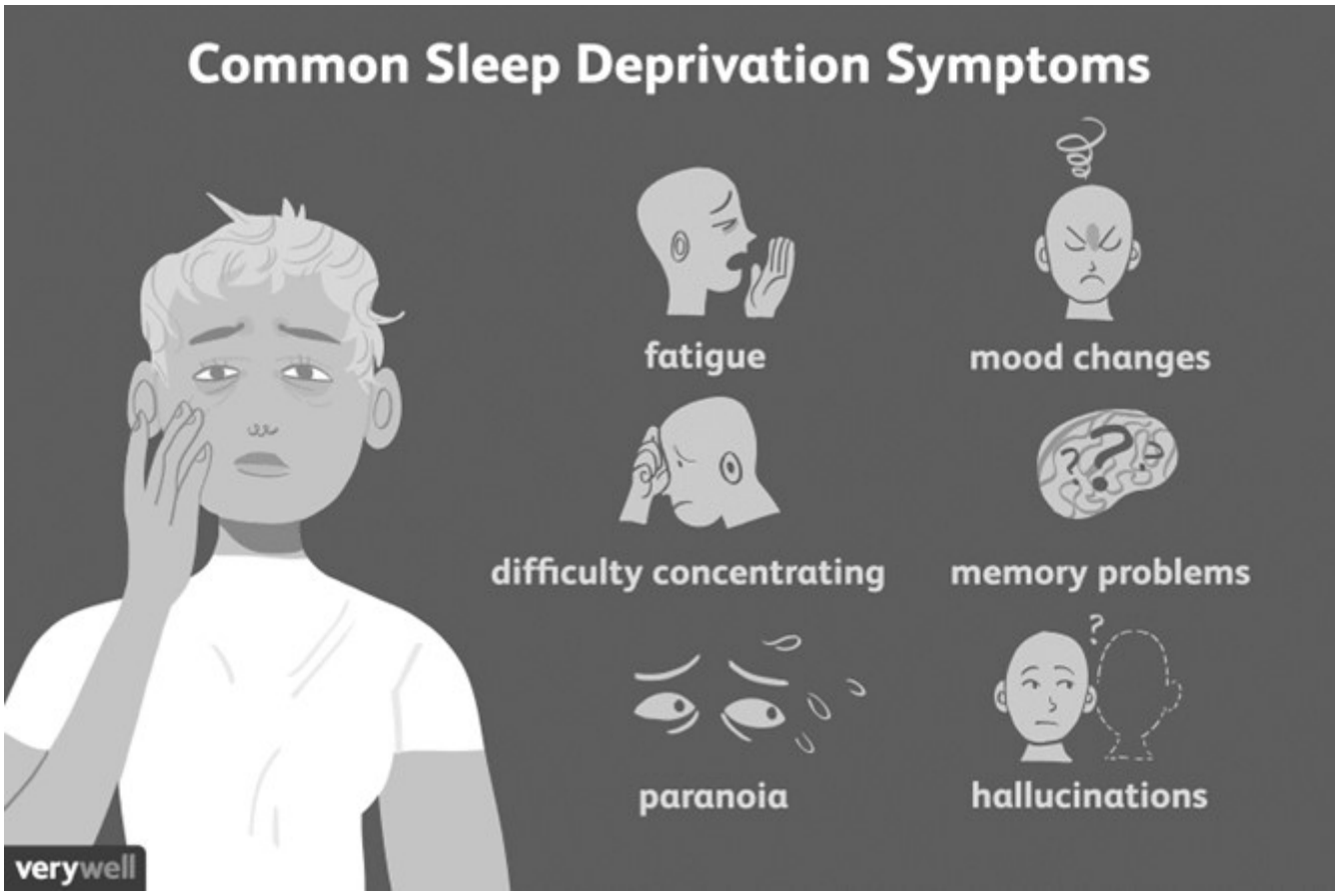
Sleep Deprivation Infographic





Source:ÿhttps://www.verywellhealth.com