## Ring Buoys and Construction Infographic



## How to use a Ring Buoy

- Stand back from the edge and establish voice contact with the person, shouting 'Kick your legs!'
- Look for the nearest ringbuoy (Yellow Box).
- . Stand on the end of the rope or hold it in your hand.
- Holding the ringbuoy, swing back, then release forward with an under-arm throw, shouting: 'Ringbuoy! Ringbuoy!'
- Aim to land the ringbuoy beyond the person, so that the ringbuoy can be pulled into their grasp.
- Instruct the person to hold the ringbuoy. Slowly pull them to land, reassuring them.
- · Get others to help you.







## Simple Rescues

- SHOUT call out, encourage them to the shore...
- REACH with a coat or branch...
- THROW ringbuoy, rope, throwbag or anything that floats...

**Source:** https://lstkkscouts.files.wordpress.com/