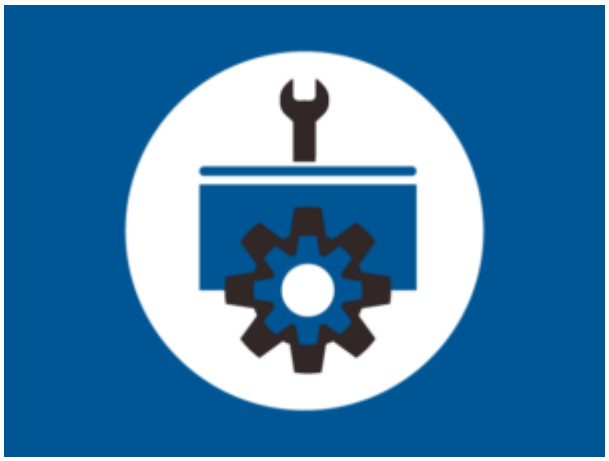
# Red Cross Personal Workplace Disaster Supply Kit



A list of supplies that should be included in a disaster or emergency supply kit.

**Personal Workplace Disaster Supplies Kit**

For the workplace, where you might be confined for several hours, or perhaps overnight, the following supplies are recommended.

***Flashlight with extra batteries***

Use the flashlight to find your way if the power is out. Do not use candles or any other open flame for emergency lighting.

**Battery-powered radio**

News about the emergency may change rapidly as events unfold. You also will be concerned about family and friends in the area. Radio reports will give information about the areas most affected.

**Food**
Enough non-perishable food to sustain you for at least one day (three meals), is suggested. Select foods that require no refrigeration, preparation or…