NSC Protecting Your Eyes from Injury



Information on how to protect your eyes from an assortment of hazards.

Typical eye injuries occur by rubbed or abraded foreign matter, such as metal chips, dirt particles and splinters, or by striking the eye. Surface wounds, such as abrasions, scratches and foreign bodies (splinters and chips), are among the most common types of injuries to the eyes. Other hazards include, but are not limited to chemicals, adhesives, radiation, tools and equipment. The highest categories contributing to eye injuries are related to household, workplace and sports.

On-the-job eye protection

You may be exposed to several hazards at the same time. The right equipment can protect your eyes against irritation and injury. Ask your supervisor or industrial hygienist to help you select the…