

# What to Expect From a Health & Safety Inspection



Recorded Date: Nov 29, 2024

Time: 9:00-10:00 AM (PDT)

Speaker: Rachel Mitchell, R.Kin., M.Sc. (Human Factors Engineering), CCPE  
**Manager of Ergonomics Services & Canadian Certified Professional Ergonomist**

## About This Webinar

This webinar will discuss essential components to an ergonomics program that will comply with 2024-2025 Ministry of Labour ergonomics initiatives.

The goal of the session is to help participants understand the expectations of the

Ministry of Labour and to be prepared for a potential visit / audit.

We will also discuss the steps you will need to take if you have been issued Musculoskeletal Disorder risk reducing recommendations or an order.

This session will discuss:

- Primary ergonomic workplace hazards that are looked for by an Inspector
- Types of injuries and primary causes that can be flagged
- Typical areas of focus during Inspections including: manual material handling, ladder use, safe work policies, procedures and ergonomics training
- Key strategies you should have in place to mitigate risk that the Ministry will look for
- Key components of a successful program

In this session, participants will complete a brief ergonomic audit that will score their workplace's ergonomic process, identify key components to look for and identify gaps in their program.

Tips and strategies to improve your workplace's ergonomic process will be presented.

ERGO Inc. will provide an Ergonomics Resource Package, including an Ergonomics Audit for organizations to self critique their program.

## **About the Speaker**

Rachel Mitchell is a Canadian Certified Professional Ergonomist and a Registered Kinesiologist with over 20 years of experience in both Canada and the United States. She holds a Masters of Science in Human Factors Engineering from Nottingham University.

Rachel is the past President of the Canadian College for the Certification of Professional Ergonomists and is actively involved regulating and promoting ergonomics.

Rachel has spent the majority of her career providing ergonomic consulting services to clients in a range of environments including manufacturing, warehousing, health care, construction, transportation, public utility, office, childcare, retail, educational, pulp and paper, aerospace and food preparation. She has worked providing Return to Work Coordination for clients attending the WSIB Specialty Programs. Rachel has successfully assisted clients with extended work absences, those suffering from Chronic Pain, and those with work-related Post Traumatic Stress Disorder return to meaningful work.

## **What's Included**

In addition to 1 hour of in-depth compliance and training sessions with experienced lawyers, consultants, and other experts:

- Q&A sessions: An opportunity to ask questions and if time is limited, a response will be sent following the event.
- Video recordings of each session.
- Exclusive materials
- CE credits

## **Who Needs To Be There?**

- OHS managers, consultants, and others
- Human resources managers, consultants, and others
- Labour relations managers, consultants, and others
- Business owners
- Corporate Counsel
- Union Management
- Finance and accounting managers responsible for HR
- Payroll Managers