Dealing With Mental Health Issues in the Workplace



Recorded Date: March 5, 2025

Speakers: Lorenzo Lisi, Leader, Workplace Law Group, Aird & Berlis LLP

About This Webinar

Mental health is a cornerstone of employee well-being and organizational success. In today's fast-paced work environment, HR professionals must be equipped with the knowledge to address mental health challenges effectively.

Join us on March 5 at 11:00 AM Pacific Time for the webinar, Dealing With Mental Health Issues in the Workplace, featuring Lorenzo Lisi, Leader of the Workplace Law Group at Aird & Berlis LLP. With over 30 years of experience in labour and employment law, Lorenzo will share expert insights into fostering a mentally healthy workplace.

What You'll Learn:

1. Recognizing Mental Health Challenges: Identify signs of mental health struggles and understand their impact on employees and productivity.
2. Legal Responsibilities: Navigate employer obligations under current legislation to ensure compliance.
3. Implementing Supportive Measures: Develop practical strategies to foster a culture of mental well-being in the workplace.

This session is proudly sponsored by HR Insider, Canada's trusted HR compliance solution, empowering professionals with tools to manage workplace challenges effectively.

About the Speaker

Lorenzo Lisi is a renowned expert in labour and employment law, with over three decades of experience advising organizations on workplace compliance and strategies. As the Leader of the Workplace Law Group at Aird & Berlis LLP, Lorenzo specializes in helping employers navigate complex issues, including mental health in the workplace.

His extensive knowledge and approachable teaching style empower HR professionals to address sensitive topics with confidence and ensure their organizations remain supportive and compliant.

What’s Included

1. **Expert Guidance:** Practical insights from Lorenzo Lisi, a leading authority on workplace law and mental health issues.
2. **Key Learning Points:**
    1. Identifying and understanding the signs of mental health challenges in employees.
    2. Employer responsibilities under current labour and employment laws.
    3. Steps to create and sustain a supportive workplace culture.
    4. Actionable Strategies: Tools you can immediately apply to support employee mental well-being.
3. **Live Q&A Session:** Get answers to your specific questions about mental health challenges in the workplace.
4. **Supporting Resources:** Access materials from HR Insider to continue building a mentally healthy workplace.

Who Needs To Be There?

1. HR Managers
2. Employee Relations Specialists
3. Workplace Wellness Coordinators
4. Compliance Officers
5. Talent Management Professionals
6. Organizational Development Leaders
7. Business Owners
8. Operations Managers
9. Employment Lawyers