Infographic: COVID-19 Safety Advices



What should I do if I might have been exposed?
What should I do if I feel sick?
What should I do if I have a confirmed COVID-19 infection?

COVID-19
SAFETY ADVICES

Self-Monitor The alant for symptome. Whatch for fever, cough or shortness of breath. Take your temperature and floting prevention tips. Act as if you have tested positive to protect your family and community, until you know different. Fever Cough Shortness of Breath If you feel healthy or sick Self-Quarantine Check you temperature twice a day and watch for symptome. Stay home for 14 days and self-monitor. If at all possible, stay away from people who may be at high risk for getting very sick. Check Temp Avoid contacts with other people If you have symptoms or a diagnosis

Self-isolate
Stay in a specific sick room, away from people if possible. Use a seperate bethroom and follow your health provider's guidance.

