Ground Fault Circuit Interrupters Meeting Kit



Ground Fault Circuit Interrupters (GFCI) are devices designed to prevent accidental electric shock and electrocution by preventing ground faults. GFCI’s are required by building code in “wet” locations like kitchens and bathrooms.

GROUND FAULT SHOCKS AND THE ELECTRIC CIRCUIT

The most common electric shock hazard, ground faults can cause severe electrical shock or electrocution. In normal conditions, electricity runs in a closed circuit; electricity flows out on the “hot” wire and returns on the “neutral” wire, completing the circuit. A ground fault occurs when the electrical current does not complete its circuit and unintentionally flows to the ground. Ground faults can cause fires and are dangerous when they flow through a person to the ground.

HAZARDS

With the wide use of portable tools on construction sites, the use of flexible cords often becomes necessary. Hazards are created when cords, cord connectors, receptacles, and cord- and plug-connected equipment are improperly used and maintained.

Generally, flexible cords are more vulnerable to damage than is fixed wiring. Flexible cords must be connected to devices and to fittings so as to prevent tension at joints and terminal screws. Because a cord is exposed, flexible, and unsecured, joints and terminals become more vulnerable. Flexible cord conductors are finely stranded for flexibility, but the strands of one conductor may loosen from under terminal screws and touch another conductor, especially if the cord is subjected to stress or strain.

A flexible cord may be damaged by activities on the job, by door or window edges, by staples or fastenings, by abrasion from adjacent materials, or simply by aging. If the electrical conductors become exposed, there is a danger of shocks, burns, or fire. A frequent hazard on a construction site is a cord assembly with improperly connected terminals.

When a cord connector is wet, hazardous leakage can occur to the equipment grounding conductor and to humans who pick up that connector if they also provide a path to ground. Such leakage is not limited to the face of the connector but also develops at any wetted portion of it.

When the leakage current of tools is below 1 ampere, and the grounding conductor has a low resistance, no shock should be perceived. However, should the resistance of the equipment grounding conductor increase, the current through the body also will increase. Thus, if the resistance of the equipment grounding conductor is significantly greater than 1 ohm, tools with even small leakages become hazardous.

GROUND-FAULT PROTECTION

Ground-fault protection is a term that refers to various systems that prevent severe or fatal electrical shocks from occurring. One option is a ground fault circuit interrupter.

SAFETY PRECAUTIONS WORKING WITH ELECTRICITY

Whenever working with electricity at a worksite, shocks and ground faults can be avoided by using common sense. There should be no power around outlets and wiring whenever they are being worked on. Electricians and other workers near the wire or outlet should wear rubber boots and work gloves as well to minimize the potential for harm.

OSHA TESTING

Two tests are required by OSHA. One is a continuity test to ensure that the equipment grounding conductor is electrically continuous. It must be performed on all cord sets, receptacles which are not part of the permanent wiring of the building or structure, and on cord- and plug-connected equipment which is required to be grounded. This test may be performed using a simple continuity tester, such as a lamp and battery, a bell and battery, an ohmmeter, or a receptacle tester.

The other test must be performed on receptacles and plugs to ensure that the equipment grounding conductor is connected to its proper terminal. This test can be performed with the same equipment used in the first test.

These tests are required before first use, after any repairs, after damage is suspected to have occurred, and at 3-month intervals. Cord sets and receptacles which are essentially fixed and not exposed to damage must be tested at regular intervals not to exceed 6 months. Any equipment which fails to pass the required tests shall not be made available or used by employees.

PREVENTING AND ELIMINATING HAZARDS

GFCIs can be used successfully to reduce electrical hazards on construction sites. Tripping of GFCIs—interruption of current flow—is sometimes caused by wet connectors and tools. It is good practice to limit exposure of connectors and tools to excessive moisture by using watertight or sealable connectors. Providing more GFCIs or shorter circuits can prevent tripping caused by the cumulative leakage from several tools or by leakages from extremely long circuits.

GROUND-FAULT CIRCUIT INTERRUPTERS

The employer is required to provide approved ground-fault circuit interrupters for all 120-volt, single-phase, 15- and 20-ampere receptacle outlets on construction sites which are not a part of the permanent wiring of the building or structure and which are in use by employees. Receptacles on the ends of extension cords are not part of the permanent wiring and, therefore, must be protected by GFCIs whether or not the extension cord is plugged into permanent wiring. These GFCIs monitor the current-to-the-load for leakage to ground. When this leakage exceeds 5 mA ± 1 mA, the GFCI interrupts the current. They are rated to trip quickly enough to prevent

electrocution. This protection is required in addition to, not as a substitute for, the grounding requirements of OSHA safety and health rules and regulations, 29 CFR 1926. The requirements which employers must meet, if they choose the GFCI option, are stated in 29 CFR 1926.404(b)(1)(ii).

ASSURED EQUIPMENT GROUNDING CONDUCTOR PROGRAM

The assured equipment grounding conductor program covers all cord sets, receptacles which are not a part of the permanent wiring of the building or structure, and equipment connected by cord and plug which are available for use or used by employees. OSHA requires that a written description of the employer’s assured equipment grounding conductor program, including the specific procedures adopted, be kept at the jobsite. This program should outline the employer’s specific procedures for the required equipment inspections, tests, and test schedule.

FINAL WORD

GFCI protection is different from electrical grounding. For a GFCI to function, it doesn’t need to be installed in a grounded circuit. Installing GFCI on a non-grounded circuit cannot provide equipment ground or a true ground for that matter. This, in turn, prevents surge protectors that need a ground from performing their job.