

# Flu – Picture This



**What's wrong in this picture?** There are two office workers that are suffering flu illness on the worksite and they are being a potential individual to spread this illness to others easily. Flu is potentially a serious respiratory illness that can cause missed work, hospitalization, and, in some cases, even death.

Protect yourself from flu with a flu vaccine. While getting a flu vaccine will not protect against COVID-19, it can protect you from becoming sick with flu.

Employees are a crucial resource at any business. There are steps you can take now, and during the flu season, to help protect the health of your employees.

Flu vaccination is especially important for people at high risk for flu complications. Individuals at high risk for flu complications should seek medical attention right away if they do become sick with flu.