# First Aid – Landscaping Infographic

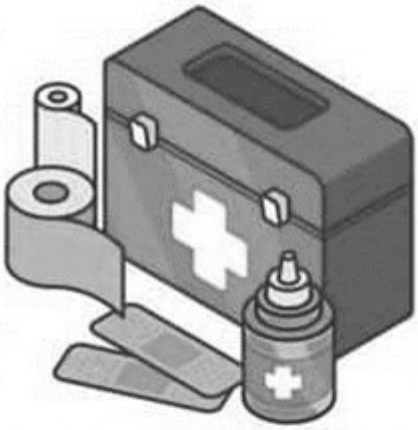


# FIRST AID

***First aid is emergency*** *care given immediately to an injured person.*

*The purpose of* ***first aid*** *is to minimize injury and future disability.*





**THE 5 MAIN AIMS OF FIRST AID ARE:**

1. *Preserve Life*
2. *Prevent the escalation of the illness or injury.*
3. *Promote Recovery.*
4. *Pain Relief.*
5. *Protect the unconscious.*

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