

# Facts About Alcohol Poisoning



The effects of alcohol poisoning on the body and a helpful guide targeted for college aged persons.

Excessive drinking can be hazardous to everyone's health! It can be particularly stressful if you are the sober one taking care of your drunk roommate, who is vomiting while you are trying to study for an exam.

Some people laugh at the behavior of others who are drunk. Some think it's even funnier when they pass out. But there is nothing funny about the aspiration of vomit leading to asphyxiation or the poisoning of the respiratory center in the brain, both of which can result in death.

Do you know about the dangers of alcohol poisoning? When should you seek professional help for a friend? Sadly enough, too many college students say they wish they would have sought medical treatment for a friend. Many end up feeling responsible for alcohol-related tragedies that could have easily been prevented.

Common myths about sobering up include drinking black coffee, taking a cold bath or shower, sleeping it off, or walking it off. But these are just myths, and they don't work. The only thing that reverses the effects of alcohol is...