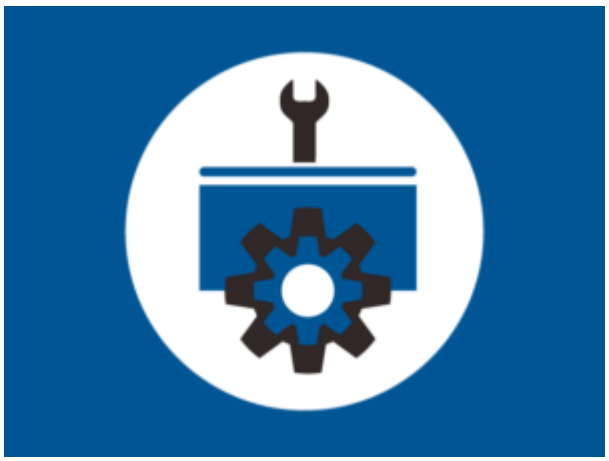
Ergonomics Safety Brief



Ergonomics is the study of people and their workplace.

The terms “ergonomics” and “human factors engineering” have been used interchangeably in discussing the general topics of product design and workplace design. In spite of some attempts to define the two terms differently, those who work under the outward appearance of human factors engineers and those who call themselves ergonomists actually use the same basic information andperform the same kinds of work with respect to product and workplace design. The expertise and objectives of these people for all intents and purposes are the same…