DOT Alcohol and Drug Rules



This video is a general overview of the Federal Motor Carrier Safety Administration’s (FMCSA) Alcohol and Drug Testing Rules for persons required to obtain a Commercial Drivers License (CDL). The information is intended to provide a general summary of the rules. Is should not be relied on to fulfill all legal requirements stipulated in the regulations. It does not contain many of the requirements or special circumstances detailed in the FMCSA and DOT rules. A comprehensive list of alcohol and drug testing rules published by the FMCSA and DOT Office of the Secretary (OST) applicable to CDL drivers and their employers is available at the end of this video. This video meets the DOT requirement for one hour of driver training relating to Drugs and Alcohol. Topics included in the video are: FMCSA regulations, required alcohol tests, random alcohol testing, screening tests, drivers who engage in prohibited alcohol, employer’s policy, keep detailed records, types of test required, drug testing, DHHS, urine specimens are analyzed, follow-up testing, conducting random, unannounced drug tests, drug use and treatment resources, medical review officer, drug test technician(DTT), and cheating a drug test.