

# Disposable Respirators Seal Checks Infographic



## User seal checks

Disposable Respirators

### NEGATIVE AND POSITIVE PRESSURE

**Cover respirator with both hands**

Breathe **in** gently

Respirator should slightly **collapse**

If air **leaks in** around the face:

**Cover respirator with both hands**

Breathe **out** gently

Respirator should slightly **expand**

If air **leaks out** around the face:

Adjust straps or  
Reposition face piece

**REPEAT TEST UNTIL SEAL IS ACHIEVED**

manufacturing  
Safety Alliance of BC

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[safetyalliancebc.ca](http://safetyalliancebc.ca)

Source: [safetyalliancebc.ca/covid-19](https://safetyalliancebc.ca/covid-19)