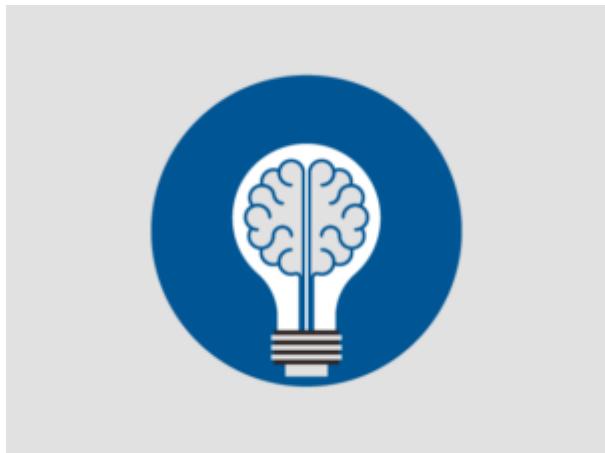


# Developing Emotional Intelligence – HR Course



## Course Description

Emotional intelligence is the ability to recognize your emotions, understand what they're telling you, and realize how your emotions affect people around you.